



## **Nelson Academy**

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**Principal: Mrs Sarah Wilson**

## **Nelson Academy RSHE (including PSHE, British Values and SMSC)**

### **Intent Statement 2021/22**

At Nelson Academy, we believe that Relationships, Sex and Health Education (RSHE) and PSHE is an integral part of a child's education. They teach children about understanding the importance of family life, stable and loving relationships and respect for others, love and care. We endeavour to ensure there is no stigmatisation of any child based on their home circumstances and we do not use RSHE/PSHE as a means of promoting any form of sexual orientation. Our aim is to help our pupils understand how they are developing personally, socially, and, we believe, tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and to fully appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

We wish for our pupils to be provided with accurate information, positive values and the skills to enjoy healthy, safe and positive relationships, to celebrate their uniqueness and to take responsibility, as well as make informed decisions about their health and wellbeing, both now and in the future: preparing them for a successful life as an adult. Through the use of a bespoke spiral curriculum, we, at Nelson Academy, will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.



**Eastern Multi-Academy Trust**  
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