

NEWSLETTER

Friday 22nd October 2021

Dear Parents, Carers and Children,

I would like to start by saying a huge thank you to each and every member of our school community for their help and support during another challenging half term. Unfortunately we have seen an increased number of positive COVID-19 cases within our community and this has impacted on many areas of school life but it has been wonderful to see how everyone had adapted and supported each other. I know that there have been lots of questions linked to PCR testing and I would like to thank everyone who has promptly sought a test for their child which has either identified someone who would possibly not have known they had COVID-19 or has confirmed that they can continue to come into school. Given the increasing number of cases throughout the county and country, I feel that these requests for testing are likely to continue. We will continue to keep parents/carers informed as positive cases are confirmed in classes so that PCR tests can be sought for close contacts and further positive cases can be identified to self-isolate so that we can help to stop the spread of the virus.

Well done to all the children who have been in school throughout the half term and also to those who have needed to self-isolate but have been able to engage with their remote learning when they have been well enough. You should all be really proud of all your hard work this half term. We wish everyone who has had COVID-19 a speedy recovery and look forward to seeing you back at school very soon.

PARKING UPDATE - Traffic Regulation Order - Restricted Parking - A traffic regulation order was approved some time ago for Nursery Road and Wimbotsham Road, and I can confirm that double yellow lines have been marked and parking restrictions will be in place in these areas from 0800 to 0930hrs and 1400 to 1600hrs Mon to Fri. Please do not park in these areas during these times as you are likely to be fined for doing so.

On a linked note, please can I remind parents and carers that they **SHOULD NOT** be driving into the school grounds at drop off and collection times unless they are a blue badge holder or by prior agreement with myself, another member of the Senior Leadership Team or the Office Team. Access at these times is restricted to staff, the school bus and taxi services only.

It has been fantastic to have some normality back at school this half term. We have seen the return of swimming lessons at the local swimming pool, children representing the school at sporting events and of course the return of the annual Norfolk Open Studio Art Exhibition. We look forward to continuing with events like these as and when our COVID-19 risk assessment allows. Unfortunately we have had to make the decision not to go ahead with face to face parent meetings in November so telephone appointments will be offered again. Please see the additional information later in this newsletter ref making an appointment to speak to your child's class teacher. We will be continuing with our 'Library Launch' when we return to school in November but unfortunately we have made the decision not to invite additional visitors into school at this point in time. Thank you to everyone who contacted me to offer their time to come in, we really hope that we can invite you in at another time as COVID allows.

Have a great half term break, take care and stay safe, and we look forward to seeing you back at school on Monday 1st November.

Thank you for your continued support. Best wishes - Mrs Sarah Wilson (Principal)

What you Need to Know about Eco

First of all, the Eco committee would like to thank everyone for their donations of fabric, books, and Morrison's Good to Grow vouchers.

The fabric has been used to create several art projects: one of which were the little fabric birds created during art exhibition. The books are brilliant, and will be used in an outdoor classroom when it is up and running. Finally, the garden vouchers are piling up. Currently we have enough to invest in some essential trowels and watering cans, your children will be getting their hands dirty in no time.

The wildlife camera we purchased with part of the funds from Go Green Day was unfortunately defective, Mrs Gallagher has kindly lent hers to the school for a practice run.

I can confirm that in the wee hours of the morning last week; Nelson Academy was visited by a deer.

I look forward to getting our own camera up and running so we can hand over control to individual classes to monitor the wild happenings on site.

Lastly, we will be breaking ground after half term. We have been lucky to be granted some free trees and shrubs from the Tree Council's Orchard for Schools and the Woodland Trust.

Thirty saplings are arriving in November to create a small hedgerow along the playground fence.

Once established, it will be an inviting habitat for birds, hedgehogs and other amazing British wildlife.

Then this winter we will be planting five fruit trees. Though we aren't sure of the exact varieties yet they will definitely provide the children with some delicious snacks in the not so distant future.

Children in Need Day 2021

This year the event takes place on Friday 19th November and we love to take part at Nelson. We are already planning a day filled with fun activities and challenges. The official BBC theme is "Together, we can " so without giving too much away about our day yet, Nelson Academy's theme will be **"Bears coming Together"**.

School Diary Dates

Monday 25th October—Half-Term Week

Monday 1st November—School re-opens

Tuesday 16th November

Parents Evening

Wednesday 17th November

Parents Evening

Thursday 18th November

Nasal Flu Immunisation - AM only

Friday 19th November—Children in Need

Parents Evening Information

Again this year all meetings will be over the telephone, you will be able to book an appointment on the Pupil Asset parent app when we return after half term.

Both days the appointments will be from 3:30pm to 6:20pm These will be bookable for a 10 minute slot.

Once it has been added on to the system we will send out a Class Dojo message.

If you are not on the app, please email your email address to office@nla.eastern-mat.co.uk

Reminder - Pupil Asset Parent App

Download the Pupil Asset Parent App from the app store

Confirm your email address with the school office. We will send a sign up email.

We also except card payments at the office for meals or Breakfast and Afterschool Clubs.

We also take Computershare and Kiddi Vouchers that can be purchased through some employers. If you use these vouchers please email the school office with the dates required and voucher details.

You can pre order lunches and pay for them, all bookings for breakfast and afterschool clubs are booked on the app. Parents Evenings will be available for booking after half term.

If you have booked and need to change a booking please email office@nla.eastern-mat.co.uk

New this term all activity clubs have been booked on the app.

If the app stops working press profile at the bottom (single person shape) then press sign out, then you should be able to log back in.



School Attendance Percentage

Week Ending: 1/10/2021

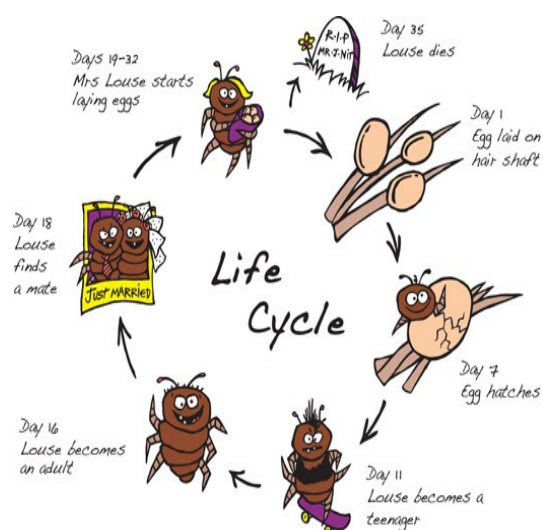
Tubman 99.23%

Week Ending: 8/10/2021

Cleopatra 100%

Week Ending: 15/10/2021

Drake 97.58%



We will again this year be supporting the **Royal British Legion** selling items in school from **Tuesday 2nd November**

Items prices rang from 50p to £2.00, with any donation for a Poppy.

Cash can be sent into classes for when the box is taken around daily until **10th November**



Thank you to **Morrisons** who donated Pumpkins for Nursery to have fun with, they made a great volcano!



Congratulations to:



Well Done to Jasmine awesome news she has completed the 10k Race for Life and raised a fantastic amount of £350 for cancer research.

Outstanding!

Well done to Ava she has got her Brownie certificate and badge and she has learnt the Brownie Promise and Brownie Law.

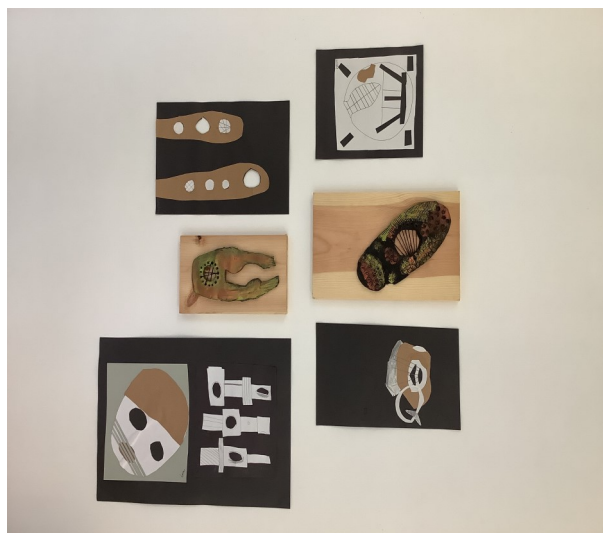


Also, **Well Done and Congratulations** to the following Nelson Academy Staff:

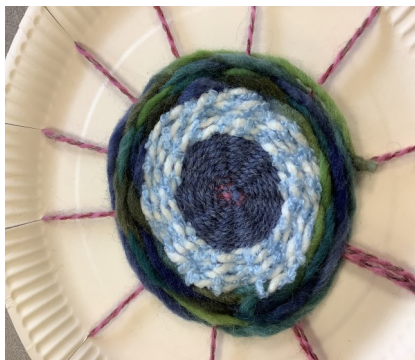
Ali Cupit has completed LTA Youth Schools Primary Teacher Training Course (Lawn Tennis Assoc)

Michelle Whiting and **Sarah May** have completed Level 4 Award in Supporting Children and Young People with Speech, Language and Communication Needs.

Presenting Nelson Academy supporting Norfolk Open Studios 2021



More Photos from Norfolk Open Studios 2021:



Norfolk Open Studios 2021

Many visitors enjoying the art and crafts on display, painting and designing!





Instagram is an image and video sharing app that allows users to share moments with the world. The app has a live streaming feature and additional add-ons, such as 'Boomerang', 'Hyperlapse' and 'Layout', which can be used to enhance their feed. Users can choose to add filters and make adjustments to their photos, such as brightness/contrast. To make their content more 'searchable', users can include hashtags in their uploads to make them easier to find.



What parents need to know about INSTAGRAM

LIVE STREAMING TO STRANGERS

The live stream feature on Instagram allows users to connect with their friends and followers in real-time. Followers can comment on the video during the broadcast (which can be turned off in the settings). If your child has a private account, only their approved followers can see their story. It is important to note that they still may have followers that they do not know, which means they could be live streaming to strangers. A public account allows anybody to view their story. We suggest that your child goes through their followers list and blocks people they do not know. An additional risk with live streams is that your child may do something that they regret. This could be captured by a viewer taking a screenshot and further shared around the Internet.



DAMAGE TO CONFIDENCE, BODY IMAGE & MENTAL HEALTH

When influencers, celebrities or peers use filters on their photos or videos on Instagram, it can set unrealistic expectations of their own appearance and create feelings of inadequacy and low self-esteem. Children may try to strive for a comparable number of likes on their own photo to an image or video that has been edited heavily.

NEW FOR MAY 2018

IN-APP PAYMENTS

Instagram is rolling out in-app payments for products and services directly through the app. It will operate under the same rules as Facebook Payments, which state if you are under the age of 18, you can only use Facebook Payments with the involvement of a parent or guardian.



PHOTO / VIDEO SHARING

Posting photos and videos is Instagram's biggest selling point, so with sharing images comes risks. A photo which includes landmarks in the area, their school uniform, street name, house and even tagging in the location of the photo uploaded to Instagram can expose the child's location making it easy to locate them. If their account is not set to private, anyone can access their account and see their images.

HIJACKED HASHTAGS

Like Twitter, hashtags are also an extremely prominent tool in Instagram and with that, comes potential risks for your child. One person may use a seemingly innocent hashtag with one thing in mind and before you know it, hundreds of people could be using the same hashtag for something inappropriate or dangerous that your child certainly shouldn't be exposed to.



LOCATION TAGGING

Public locations can be added to a user's photos/videos and also to their stories. While this may seem like a good idea at the time, it can expose your child's location; this is particularly more of a risk if it is on their story, as it is in real-time.



**National
Online
Safety**

Top Tips for Parents



REMOVE PAYMENT METHODS

If you are happy for your child to have a card associated with their Instagram account, we suggest adding a PIN which needs to be entered before making a payment; this will also help prevent unauthorized purchases. This can be added in the payment settings tab.

RESTRICT MESSAGES

If your child's account is not private, anybody can message them and reply to their stories. If they do wish to keep their account public, we strongly recommend changing the message reply settings to restrict who can message them.

NEW FOR MAY 2018

FILTER INAPPROPRIATE COMMENTS

Instagram announced on 1st May that they now have an 'anti-bullying' filter on the app. The new filter hides comments containing attacks on a person's appearance or character, as well as threats to a person's well-being or health. The filter will also alert Instagram to repeated problems so they can take action on the user if necessary. This is an automatic filter, but it can be turned off. Make sure this is turned on in the app's settings.



TURN OFF SHARING

Even though this feature will not stop people from taking screenshots, it will stop others being able to directly share photos and videos from a story as a message to another user. This feature can be turned off in the settings. We also recommend turning off the feature which automatically shares photos and videos from a story to a Facebook account.

USE A PRIVATE ACCOUNT

By default, any image or video your child uploads to Instagram is visible to anyone. A private account means that you have to approve a request if somebody wants to follow you and only people you approve will see your posts and videos.

