

Friday 29th January 2021

Dear Parents, Carers and Children,

Welcome back! I hope that you had a great Christmas break and that you managed to celebrate Christmas and the New Year in unique lockdown style with your nearest and dearest. On behalf of the whole staff team I would like to take this opportunity to wish you all a very 'Happy New Year', and also say a huge 'thank you' for all the cards and gifts that we received. I would also like to welcome all the new children and their families to school, we hope that you are settling in well despite the current national lockdown.

The start to this year has not quite been how anyone would have hoped and we have heard this week that schools will not re open until at least 8th March. This is incredibly disappointing for everyone but we all must follow the Government guidelines and health advice in order to keep everyone as safe as possible. Of course as soon as we receive confirmation of the date that we will re open, then we will let you know.

As per my ClassDojo post earlier in the week, I would like to say what a fantastic job everyone is doing with their home learning at the moment. Everyone is facing their own challenges right now, it's not just the home learning but working from home or going into work, running a home, looking after siblings, looking after or concerned about family members who may be unwell, having your own worries about what is happening in the world and life in general! I think that most people (including myself) are having up and down days but I also think that this is normal considering everything we are all going through, we are all human after all and we are all doing our best to get through the most challenging time we have ever known. So please be kind to yourselves, we will get through this together ☺ We want to support you in whatever way we can, and we appreciate that everyone's home circumstances are different and maybe what we are offering doesn't quite meet what you are able to achieve and your daily routines. Please do what you can to support your child with their home learning but also take time to look at their (and your own) mental health and well-being too. If you are struggling then please just contact your child's class teacher and let them know so that we can help if we can but also so that we know you are OK. If we don't hear from you for a few days then we start to worry and will be trying to contact you by message, phone call or home visit, this isn't because we want to check up on you but it is because we care.

Thank you for your continued support in these unprecedented times. Take care and stay safe everyone.

Best wishes - Mrs Sarah Wilson (Principal)



Children's Mental Health Week is next week

Children's Mental Health Week is taking place on 1-7 February 2021. This year's theme is

[Express Yourself.](#)

All of our free [resources](#) can be adapted for use in school, for home-schooling, online lessons or independent learning. <https://>

www.childrensmentalhealthweek.org.uk/

Pancake Day

Tuesday 16th February 2021



100 grams Plain Flour

2 Large Eggs

300ml Milk

1 tbsp sunflower or vegetable oil plus a little for cooking

Put plain flour, eggs and milk, oil and a pinch of salt into a bowl or large jug, then whisk to a smooth batter

Set a medium frying pan over a medium heat and add a little oil for cooking

When hot, cook your pancakes for 1 minute each side or until golden .

Serve with lemon juice, sugar or whatever you like

Reminder—See advice from the Citizens Advice Bureau below

EU Nationals must have applied for settled status before the end of June 2021.

<https://www.citizensadvice.org.uk/benefits/claiming-benefits-if-youre-from-the-EU/before-you-apply/check-if-you-can-get-benefits-if-youre-from-the-eu/>



Is your cooking or baking OUT OF THIS WORLD? Learnt some new skills in the kitchen during this time at home? Maybe you have a recipe you'd like to share or a photo of you helping prepare or cook a meal? We'd love to see (and share) your photos and ideas, as I know we have some very enthusiastic chefs in our school!

Please send us photos using Dojo. From Mrs.Sek

January
2021

BOOK BITES

Tasty morsels from your Education Library Service

Resources and help for those educating children at home

This is the sixth newsletter we've produced and we're still keeping an eye out for resources and online help for those currently educating children at home. For previous editions, please visit this special page on our blog ([click link](#)).

We'll be sharing anything else we find via twitter, so make sure you take a look or follow us if you have access: www.twitter.com/norfolkels

Norfolk Museums Online

Norfolk Museums have regularly been updating their online resource pages with a wide range of curriculum and leisure topics for early years right through to KS3.

Norwich Castle in particular have a whole range of activity and ideas sheets for 3-7 year olds; find them here: www.museums.norfolk.gov.uk/norwich-castle/learning/learning-at-home

They also offer virtual school events ([click here](#)) and their learning hub has recently been updated with a full Spring 2021 offer: www.museums.norfolk.gov.uk/norwich-castle/learning

All ten of the County's museums offer education and learning resources; for a full look at their learning programmes, visit their website: www.museums.norfolk.gov.uk/learning

National Centre for Writing resources & courses

Teacher resource: Exploring and Writing Poetry for KS1/2

Commissioned by Young Norfolk Arts and the National Centre for Writing as part of the Young Norfolk Arts Festival 2020, 'The Wish' is a poem designed to be accessible for Primary age children. This resource has been designed to support KS1/2 teachers in the teaching of reading and writing poetry in the classroom. It contains sample exercises that you can use in your own classrooms, as well as extension activities for older or more capable students. Find it here:

<https://courses.nationalcentreforwriting.org.uk/p/the-wish-cpd-resource-ks1-2>

Online courses

NCW's online, self-study courses offer young people the time to explore writing through fun, engaging prompts and activities – whether it's poetry, prose or any other kind of writing they want to develop!

Topics include:

- Story Prompts for Young Writers ([click link](#))
- All The World's A Stage ([click link](#))

There are a several more suitable for 9-12 year olds; find the full programme on their website: <https://nationalcentreforwriting.org.uk/working-with-schools/young-workshops/>



Norfolk County Council

7 Top Tips to Support Reading at Home

Shared reading is a great way to develop children's language and communication and to boost their reading skills. Regular reading routines can offer lots of opportunities for learning during school closures.

1 Concentrate on reading quality (it isn't all about reading lots!)



Don't worry too much about the 'what' and 'how' of reading each day. Books are great—but leaflets, comics, recipes and instructions on a webpage can all be great too. Following a recipe to make some cupcakes is valuable reading. Be on the lookout for reading, wherever it is!

2 Ask your child lots of questions



All reading matters. Shared reading is about 'reading with', not just 'reading to' (even for older children). So, ask lots of 'Wh' questions, such as Who? What? When? Where? Why? Try them when talking about books: for example, 'what do you think Harry is feeling?'

3 Ask your child to make predictions about what they have read



If it is a book, look at the front cover—or the last chapter—and talk about what might happen next. Look for clues in the book and be a reading detective! For example, 'can you see the bear on the front cover? Where do you think he will go?'

4 Ask your child to summarise what they have read



When you've finished reading, talk about what happened. Acting out the things that happened in the story or describing the big idea of a chapter is really fun and maximises learning. For example, 'can you remember all the things that happened on the bear hunt?'

5 Ask your child to write about what they have read



Write, or draw pictures, from anything you've read! Big writing and pictures are even more fun. For example, use an old roll of wallpaper to make a treasure map with clues from the stories you've read together.

6 Read and discuss reading with friends or family



Make books a part of the family. Encourage your child to share them with a relative or friend, over a video call. Laugh about them when you are making meals together. For example, 'I hope the tiger doesn't come to tea today!'

7 Maintain the motivation to read



Talk about the joy of reading whenever you can. Your child is on an amazing journey to becoming a reader. Put them in the driving seat and have fun on the way! For example, 'choose your favourite story for bedtime tonight.'

Education Endowment Foundation (2018). *Preparing for Literacy: Improving Communication, Language and Literacy in the Early Years*. Education Endowment Foundation: London. Available online: [eef.org.uk/eef/publications/preparing-for-literacy](https://www.eef.org.uk/eef/publications/preparing-for-literacy)

Education Endowment Foundation (2019). *Improving Literacy in Secondary Schools*. Education Endowment Foundation: London. Available online: [eef.org.uk/eef/publications/improving-literacy-in-secondary-schools](https://www.eef.org.uk/eef/publications/improving-literacy-in-secondary-schools)

Broadmore, H.L., Vardy, E.J., Cunningham, A.J., Kwok, P.K.W., & Carroll, J.M. (2019). *Literacy Development: Evidence Review*. Education Endowment Foundation: London. Available online: [eef.org.uk/eef/publications/literacy-development-evidence-review](https://www.eef.org.uk/eef/publications/literacy-development-evidence-review)



Here are a few website reminders if you need them to help you along the way:

<https://www.family-action.org.uk/>

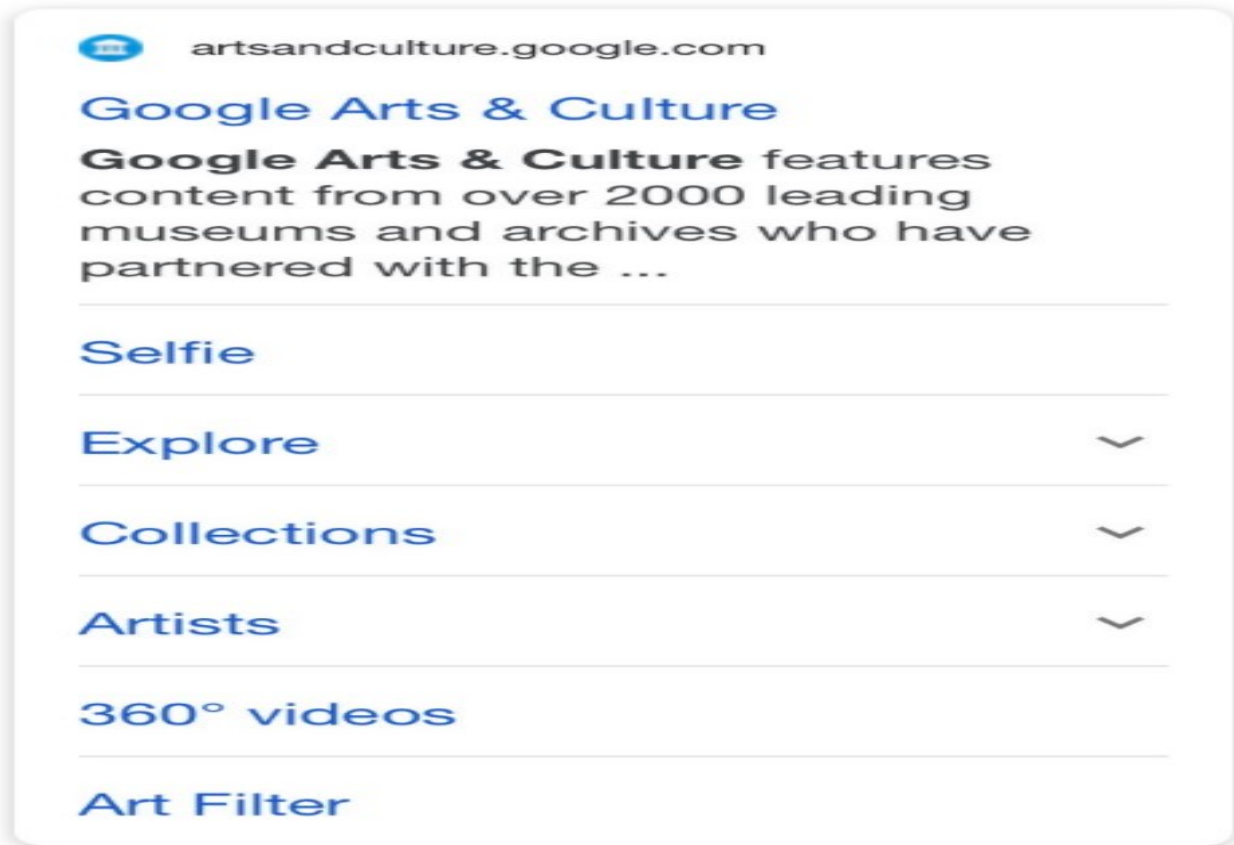
<https://www.nsfh.nhs.uk/Pages/Mental-health-helpline-goes-live.aspx>

<https://www.bbc.co.uk/programmes/articles/1K99K1SzWGLb3n2HD3V7Jlz/take-part-in-musicals-the-greatest-show>

https://www.norfolkmusicclub.org.uk/site/weekly-online-music-sessions/?fbclid=IwAR1fj7_Equ-l4u-exh7Nr3VxlW8OLeN5EpM8201u3Tv2-nVSuylyVWBZIMc

Discovering Art

Are you feeling a bit bored, cooped up at home? If so, do you fancy visiting an art gallery, or popping into the Space Shuttle or even visiting another country? Google Arts and Culture have lots of fantastic, virtual experiences : from 360 VR tours of famous places, including inside the space shuttle, to making yourself into art works! I've had a visit to India this morning before breaktime!



The screenshot shows the Google Arts & Culture website interface. At the top, there is a logo and the URL 'artsandculture.google.com'. Below this is the main heading 'Google Arts & Culture' followed by a descriptive sentence: 'Google Arts & Culture features content from over 2000 leading museums and archives who have partnered with the ...'. A navigation menu follows with several options: 'Selfie', 'Explore' (with a dropdown arrow), 'Collections' (with a dropdown arrow), 'Artists' (with a dropdown arrow), '360° videos', and 'Art Filter'.

<https://g.co/arts/MLevB4ZHmGNvCvAE6>



360 VIDEO

Go Inside a Space Shuttle in VR

The Space Shuttle Discovery in 360





'Apps' are designed to run on certain devices and are written for a specific operating system, such as Apple iOS, Windows, or Android. The official store for the Apple iOS operating system is known as the 'App Store' and it's where you can browse and download more than 2 million apps and games to use on the iPad, iPhone, iPod Touch and other Apple devices. When your children are using the app store, you need to be aware of the risks...

What parents need to know about The App Store

IS YOUR CHILD 13+?

To download and buy apps from the App Store, your child will need an Apple ID. If they have used other Apple services, such as iCloud, they can sign into the App Store with the same Apple ID. If they are aged 13 and under, they cannot sign up for an Apple ID on their own, but an adult can create an Apple ID for a child.

IN-APP PURCHASES

Apps are either free, paid-for or free with in-app purchases. In-app purchases are optional transactions that can unlock extra functionality, virtual goods or unique content. Unless you change the settings, once your child has entered a password to make an in-app purchase, they can make additional purchases for 15 minutes without re-entering a password. This makes it extremely easy for children to accidentally run up huge bills.



LOOKALIKE APPS

Some developers release apps that copy the functionality, user interface and even product names and branding of popular apps, in an attempt to trick unsuspecting users to install them. By downloading an app from an unknown developer, your child could find their device compromised. Experts warn that through app permissions, hackers can potentially take photos using the camera and access media remotely, track your child's location, record any passwords they enter for other accounts, and send text messages from phones.

INAPPROPRIATE APPS

Some apps and games have content that is unsuitable for younger children – even the most popular or innocuous looking apps may feature adult-themed content, violence or cruelty to other people or animals, unmoderated chat, pornographic or sexual content.

THIRD-PARTY APP STORES

Because the official Apple App Store has a very stringent policy about what apps it approves, children may look elsewhere for apps and games they've heard about from friends. As well as the Apple App Store for iOS, there are hundreds of other third-party app stores, but the danger is they may not apply the same level of scrutiny toward the apps they allow to be listed. There's a higher chance of apps that infect devices with malicious codes or put user privacy at risk by extracting sensitive information.

Top Tips for Parents



CREATE YOUR CHILD'S ACCOUNT

You can create an Apple ID for a child under 13 and add them to your family group to keep an eye on their activity. Go to Settings > [your name] > Family Sharing > Add Family Member > Create a Child Account > Next. Enter your child's birthday and tap Next. Review the Parent Privacy Disclosure and tap Agree. With Family Sharing, you can add up to six family members to share App Store purchases, as well as iTunes and Apple Books.

SWITCH ON 'ASK TO BUY'

If you have a child that is over 13 years of age and has their own Apple account, make sure that you only allow them to make purchases with gift cards. You can also activate the 'Ask to Buy' feature if you are using Family Sharing, so that whenever a family member who isn't an adult initiates a new purchase, a request goes to the account organiser. You can also limit what content your child can access on the devices they use.

RESTRICT IN-APP PURCHASES

You can restrict your child's ability to make in-app purchases. On an iOS device, open Settings, tap General and then Restrictions. Tap 'Enable Restrictions'. You can put a limitation that requires a password every time there is a purchase made in the App Store or iTunes Store.

BROWSE APPS BY AGE

To find apps and games that are right for your children, check the age ratings. On an iPhone or iPod Touch, this can be found in the information section on an app's product page, and on an iPad or desktop, the age range is near the Buy button. On the Kids page, you can find apps for age ranges, including 5 and under, 6 to 8, and 9 to 11.

AVOID OTHER APP STORES

Put a rule in place that your child can only use the official App Store to download apps and games. Explain why it is wise to only install applications from a trusted source to ensure their device is not affected by security issues or virus attacks.

HOW TO KNOW AN APP IS SAFE TO INSTALL

Advise your child that just because they're downloading an app from an official store, it doesn't make it safe. Fake or copycat apps will often include misspelt words and poor grammar, so always read the app description, and double check the developer name and title for warning signs. Be wary of apps that come with a long list of permission requests. Check the app's reviews and ratings – one star, one-line reviews complaining that an app didn't work on a certain device, or that there was a billing issue, is not a good indication.

SPOT FAKE REVIEWS

When checking the customer reviews within the app store, make sure they aren't vague and generic, or overly effusive, as some developers will try to manipulate their apps' positions by posting fake ratings and reviews. Check the number of downloads the app claims to have – the higher the number, the more likely it is to be safe. Your child can also check on a company's website to see if the app is available on there.



National Online Safety

A whole school community approach to online safety
www.nationalonlinesafety.com

Email us at hello@nationalonlinesafety.com or call us on 0800 368 8061

