

NEWSLETTER

Wednesday 21st July 2021

Dear Parents, Carers and Children,

Wow, what a year! Quite simply you have all been awesome and by working together we have ensured that every child who attends the school has been able to achieve their very best during one of the most challenging of years. From the masking wearing, lock downing, remote learning, hamper providing, making plans and adapting plans to make new plans, we have done it and we've got through it together. Everyone has shown great determination, strength, resilience and adaptability throughout the year, dealing with not just challenges in school but in our personal lives too. On top of that everyone (children, parents and staff) has risen to the challenges of academic learning, both at home whilst remote learning and in school to ensure that the children continue to make good progress. We know it hasn't been easy so a huge well done to you all. I cannot thank every single person who has sent messages and words of encouragement to myself and other members of the staff team throughout the year enough, your kind words have meant the world to us during some of the most difficult of days 😊

To those of you who are leaving the Nelson Academy, we wish you lots and lots of luck in your new schools. Year 6, you are an incredible group of young people and it has been an absolute pleasure and privilege to watch you grow into the young people who you are today. Please keep in touch and let us know what you get up to next, we love to hear your news and stories, and maybe you could come back to inspire some of the younger children with your achievements.

Finally to the wonderful Nelson staff team, the Nelson Academy would not be the same without each and every one of you, and I most certainly could not do my job without you. You have worked so hard this year, adapting and changing to everything which has been asked of you. I feel incredibly proud to work with each and every one of you.

Have a fantastic Summer break, we look forward to seeing you back at school on Monday 6th September. Take care and stay safe.

Thank you for your continued support. Best wishes - Mrs Sarah Wilson (Principal)

School Diary Dates

Last Day of Summer Term 2021

Wednesday 21st July - School closes for SUMMER!

Visit the Library and Join this years reading challenge!

Monday 6th September - School Opens for Autumn Term 2021-22

Jokes of the Month - By Dani (Year 4)

Knock knock, who's there? Spell, spell who? W-H-O!

Knock knock, who's there? Claire, Claire who? Clear the way I'm coming through!

Knock knock, who's there, Isabelle, Isabelle who? Is a bell working!



Sarah Wilson
Principal & DSL



Gemma Sykes
Assistant Principal EYFS/KS1
& DDSL - Reception - Anning



Glen Rossiter
Assistant Principal KS2 &
DDSL - Year 6 - Darwin



Jo Airdrie
Assistant Principal SENCO &
DDSL



Kirsty Carman
Nursery - Donaldson Class



Hannah Chown
Reception—
Attenborough Class



Lisa Limbert
Year 1 - Banks Class



Ellen Atkinson
Year 1 - Goodall Class



Davina Nyarko
Year 2 - Cleopatra



Kathryn Hare
Year 2 - Boudica Class



Simon Taylor
Year 3 - Archimedes



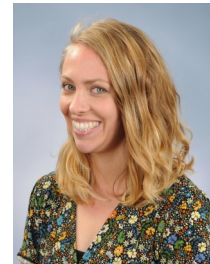
Michael Bidder
Year 3 - Drake Class



Megan Abbott
Year 4 - Wren Class



Carla Payne
Year 4 - Cromwell Class



Jess Sykes
Year 4 - Chimera Class & Year 6
Darwin Class



Sarah Melia
Year 5 - Tubman Class



Gill Sekatawa
Year 5 - Hepworth
Class



Lisa Jack
Year 6 - Fleming
Class



Clara Smith
ASD SRB Packham
Class

Pupil Asset Parent App

Download it now, confirm your email address with the school office and we will send you a link. We also accept card payments at the office.

Your username is your email address and request a password, once you have received the link.

You can pre order lunches and pay for them.

Handy hints on using our Parents App you can pay for school meals, events, clubs, and items from the school shop.

To find Payments from the home screen, tap on pupil name to open their record, then tap Payments.

If you have balance available you'll see it here.

The cost of your outstanding items will be deducted from your balance first.

Payments are separated into different balances for events, meals, and miscellaneous items.

Your current balances are shown in blue, when you select items to pay for, it will show you how much you are paying from each balance and how much you are paying by card.

Payments are separated into different balances for events, meals, and miscellaneous items.

Tap on each item you wish to pay for, click on the pay button to pay using your available balance or a credit/debit card.

If the app stops working press profile at the bottom (single person shape) then press sign out, then you should be able to log back in.

Hope this helps! Please contact school office if you need any help.

From September all breakfast and afterschool clubs will be booked on the app. **NO CASH will be taken. And all bank payments will have to move to the app. As requested by EMAT finance department. Thank you**

School Attendance Percentage

Week Ending: 2/7/2021

Thunderbirds & Kelpies

Week Ending: 9/7/2021

Hydra

Week Ending: 16/7/2021

Griffin

Well Done

New Website

We have a new website, have a look, all information about the school is on there and will be up-dated regularly.

<https://www.nelsonacademy.co.uk/>



**Nelson
Academy**

Eco News

Eco Club

We've had an amazing summer term. One of our goals is to complete the seven steps toward the Internationally recognized Green Flag Eco award. On our journey there is a bronze and silver award marking important milestones along the way. We have, in just one-half term achieved our bronze status and are well on our way to gaining silver.

The Eco-committee has an action plan, and this is split into three categories that the children felt were important for us to tackle. These are increasing the biodiversity and wildlife habitats at Nelson and abroad, reducing litter and waste, and growing their own fruits and vegetables.

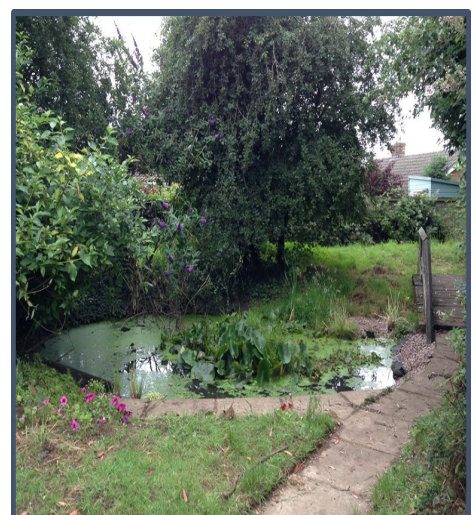
Already we have made giant strides in all of these areas. For litter, the eco members are coming up with designs and ideas to make bins more fun, a recycling bin has been added to the staff room, and a weekly litter picking rotation have been implemented. We've also filmed a couple dojo videos to share however technology hasn't been kind and we can't seem to upload them for viewing – yet.

Plans have been made to create garden plots will be established for each year group. "Ownership" of these plots will stay with that year group for the remainder of their time at Nelson. This means if they want to plant perennial plants such as strawberries or asparagus they will be able to reap the benefits as they progress through school.

The whole school contributed to Green Day which allowed us to fund the planting of nearly 100 trees worldwide. This of course lends itself to our third task of increasing biodiversity and wildlife habitats.

In addition to this, Year 6 students with some Nelson staff members, have done major renovations on the pond area on the school grounds. This could not have been achieved without the support of AT Johnson, Baytree at Hilgay, and the green fingers and the generosity of the Soehle family. Wildlife such as birds and frogs have already been taking advantage of their new habitat. It also serves as an amazing learning opportunity. Year 3 students study the frog life cycle and were able to see froglets up close.

The Eco committee has even more plans to make our school even more welcoming to our native wildlife, so look out for updates next autumn. Thank you again for all of your support.





Healthy Living Week

Some photos from a fun week for all including Bollywood Dancing, Maypole Dancing and Running:



Healthy Living Week



Year 6 Alternative to PGL

Year 6 enjoyed a fun-filled day, and night, as their alternative to the Year 6 Residential Trip. They all had a fantastic time on the Giant Inflatables provided by Josh at Bounce Back Castles before going on to enjoy pizza, burgers, nuggets and chips from Direct Pizza for their dinner. A sweet treat was needed after all the energy expended throughout the day, so it was off to enjoy some waffle-balls, with a topping of our choice, from Waffleopolis. After heading back to school, they played games on the field until the bugs forced them to go back inside! A spooky story later and most children went to sleep—we say most, as some were awake until the early hours! They were then treated to a much-needed breakfast the following morning, courtesy of the one and only Nelson Kitchen Team! Many thanks to the businesses, and the brilliant Friends of Nelson group, the Kitchen Staff for their support in giving our Year 6 group a wonderful experience before they leave us to start the next step of their education at high school. A special thank-you also has to go out to Mr Rossiter for organizing this tremendous event!

Good luck at High School Year 6!



Book Review: The House with Chicken Legs

Author: Sophie Anderson

Illustrated by: Elisa Paganelli

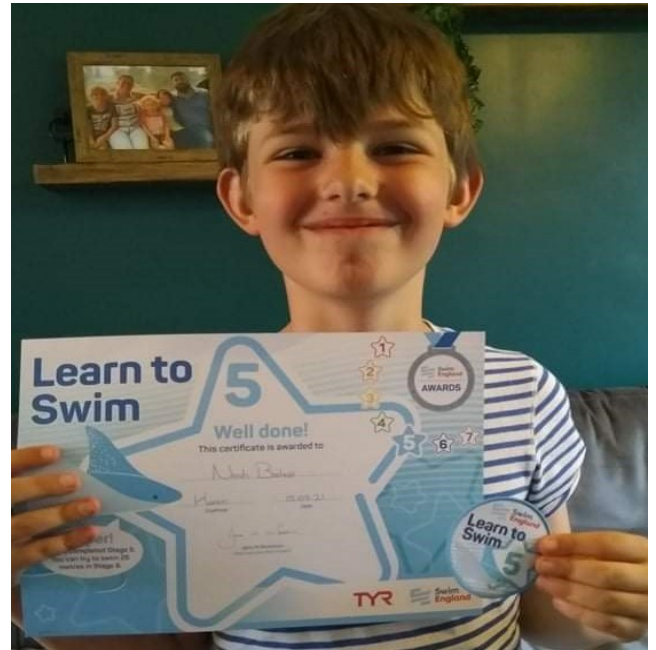
The house with Chicken Legs is an intriguing story with various plot twists that will leave you wanting more. This impossible to put down book will add to your life positively and is like no other. Marinka's story is like no other and will always keep you on the edge of your seat. Some of the parts of the book are a little sad, but Anderson has done a magnificent job at making you feel like you are in the story. Pagnelli is a wonderful illustrator and all in all, the story is just enticing a little bit dangerous and thrumming with possibilities.

Enjoy the book if you do end up reading it, and stay safe over the summer!

Isla Year 5



Congratulations and Well Done to the following pupils:



Riley and Noah (both in year 4) both passed their level 5 in swimming. They've been working really hard and it's been a struggle for them as the lessons kept stopping due to the Covid restrictions.



Amazing news from Evie in Year 4 with before and after photo's, She has ended up donating 15 inches of hair !! And managed to raise around a fantastic £330 for the Warm Baby Project.

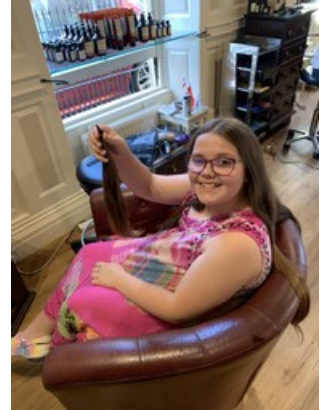


This is Luna from Leprechaun she is amazing she has walked with her mummy 150.1 km the target was 100 km but they smashed that which is the same distance as walking from Downham Market to Hunstanton and back and from King's Lynn and to Hunstanton and back. They have been walking to raise some money for SANDS in memory of her brother. This has all been completed after school and at weekends. They raised £125

Well Done to these Amazing Children from Nelson Academy

Congratulations and Well Done to the following pupil:

Millie in Year 5 with before and after photo's. Millie decided that she wanted to cut her hair and donate it to the Little Princess Trust. Millie is also raising some money as it costs £550 to make each wig. Millie has a just giving page if you would like to support her <https://www.justgiving.com/fundraising/millie-lambert1>



Update from Friends of Nelson Academy

The FON yearly AGM meeting has taken place, Chris Rose and Jo Clayton have remained in their roles as chair and treasurer but Lynne has stepped down as secretary and Nicola Liles has taken over her role.

Even though FON hasn't been able to do any fundraising this year we still have money sitting in the bank, so with the £1000 Tesco awarded us from the bags for life scheme that they were doing pre Covid, we were able to offer the school £4000 to help with the new library.

A member of Nelson won a competition and half her prize was for her school

The next meeting is the 28th Sept @ 7pm

We hope to see more members join us in the new term, enjoy the holidays!



TWITTER

**Check out our
Twitter account
@NelsonAcademy1**

SAFEGUARDING

**Norfolk County Council - Keeping
Children Safe**

Worried about a child?

If you are concerned about a child and want to speak to someone contact Norfolk County Council on 0344 800 8020. In an emergency call 999

Funded by



Department
for Education

English Hubs
Wensum English Hub

Engaging Readers during Summer



*A helpful guide for schools, parents and carers to engage
children with reading during the Summer holidays.*

By Wensum English Hub

The Research

Everyone has been impacted by the Coronavirus pandemic, in one way or another. On average, children have lost 115 days of schooling due to the pandemic.

We want to try to ensure that children close the gap on their loss of learning, whilst still having fun and enjoying their holidays.

You may have heard of the term 'summer slide', but what is it?

The 'summer slide' is when children — particularly those from disadvantaged families — lose skills learned during the school year.

For many children, learning slows way down — or even stops — during the summer months. Poorer families often miss out on the opportunities that many wealthier families take for granted: enrichment camps, lots of books at home, regular visits to the Library and Museums, and family road trips that immerse young minds in new experiences. This lack of learning opportunities can have devastating long-term effects.

With the impact of Covid and lockdown rules, we fully expect that the 'summer slump' will be more prominent and gaps in children's learning will increase this year.

Did you know that 1 in 8 children do not have access to books at home?

Computer Games

You will have all heard that computer games can be detrimental to children's learning.

The reading gap between disadvantaged children is between 2 months and 7 months.

The reality is that "not only has screen time been linked to language delay and smaller vocabularies, but studies show that the more television infants and toddlers are exposed to, the more likely they are to be inactive and obese, have difficulty sleeping, and show aggression" (Ravichandran and de Bravo 2)

"Children who spent more than 2 hours per day watching television or using a computer were at increased risk of high levels of psychological difficulties" (Paige et al. e1101)

Equally, worryingly, there is extensive research suggesting that, on average, reading proficiency of pupils from lower income families falls disproportionately behind during the holiday period, with one study stating children in this group fall on average two months behind with their reading after summer. (Elwis, K 2018)

Top Tips

How can you ensure you help to keep your children engaged with reading this Summer and narrow the 'summer slump' learning gap?

- Look at a variety of reading materials- cookbooks, newspapers - bake together, get them to help read the instructions. Read comics, the library service have some available.
- Encourage reading as an enjoyable activity - do not see it as a chore. If children feel like they are being forced to read, they will not enjoy it. Likewise, if adults are not enthusiastic then children won't be either.
- Choose material that your child would enjoy reading about
- Use 'idle' moments to read - in the car, waiting in doctors surgeries, waiting at bus stops.
- Keep reading to your children-even when they are old enough to read for themselves
- Short bursts of reading - little and often is the key!
- Focus family discussions around what you have read
- Use your local library!
- Give books as a gift- swap books with friends

What is happening in Norfolk?

We know due to Covid there will be lots of changes to events and restrictions in place this Summer however, there are still lots of exciting events happening in both Norfolk and Suffolk this year. Although not all are linked to reading, these events can help support your child's early language development too. Discussing the events and creating oral stories about what they have done will help support your child, alongside reading daily.

Dippy's on Tour!



Dippy on Tour
A Natural History Adventure

In partnership with
NATURAL HISTORY MUSEUM
Garfield Weston FOUNDATION

Norwich Cathedral
13 July - 30 October 2021

Free entry to see the Natural History Museum's iconic dinosaur in Norwich

cathedral.org.uk
NORWICH CATHEDRAL

Usually found in London's Natural History Museum, Dippy was meant to spend the summer with us in 2020. However, he will be visiting Norwich Cathedral from Tuesday 13th July 2021 until Saturday 30th October 2021. Entry to see Dippy is FREE!

Dino Tales Saturday Stories

Enjoy listening to a dinosaur tale under the tail of Dippy!

The storytelling sessions are aimed at five to seven- year olds. The stories will be read by a range of storytellers and each week will feature a different tale. Please meet at the Dark Entry at the south side of the Cloister. The gates will open at 8.50am - be sure to arrive promptly so you don't miss the start of the story!

Remember parents and carers need to stay with their children at all times during these storytelling sessions. There is nothing to bring with you, but your love of dinosaurs!

9am-9.30am every Saturday

Tickets: £1.50

GoGo Discover - Dinosaur Trail



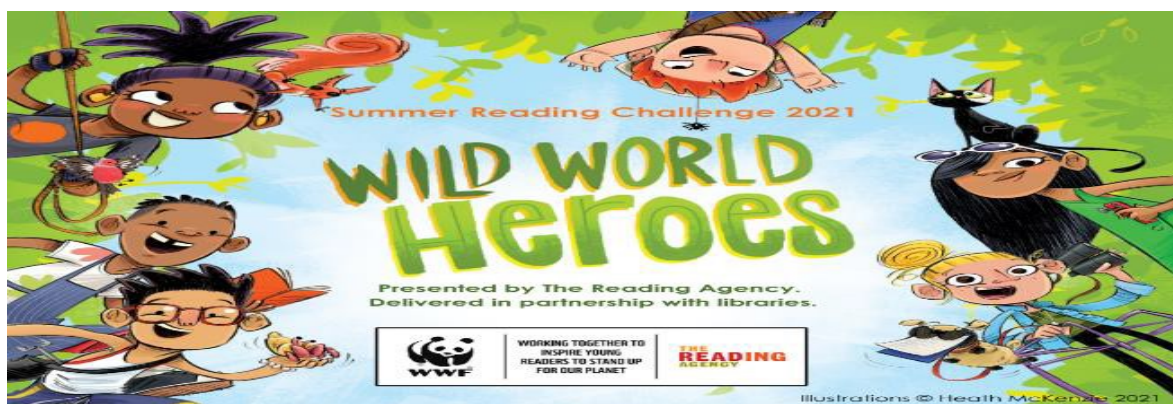
The trail will start from Dippy's exhibition at Norwich Cathedral and will take you around Norwich's streets - all whilst raising money for Break. The trail will start from Dippy's exhibition at Norwich Cathedral and will take you around Norwich's streets - all whilst raising money for Break. Each sculpture will be a 'canvas for conversation', encouraging everyone to get active, to discover hidden parts of our wonderful city and to learn more about how Break's work is changing the lives of young people and families in our region.

Summer Reading Challenge

Coming to all Libraries, nationwide, the Summer Reading Challenge is back both in your nearest Library and virtually.

This year the theme is 'Wild World Heroes,' with a focus on raising support for the WWF. Wild World Heroes will feature amazing books, awesome rewards, and plenty of ideas for taking care of our environment.

Visit their Facebook page for a list of all their virtual events. <https://www.facebook.com/NorfolkLibrariesForFamilies>



Waterstones

Virtual Events

Summer Blockbuster Thrillers with Faridah Àbíké-íyímídé, Holly Jackson and Maureen Johnson in conversation with Sarah Shaffi / Thursday 22nd July, 7.30pm

Banner attached and ticket link here: <https://www.waterstones.com/events/summer-blockbuster-thrillers>

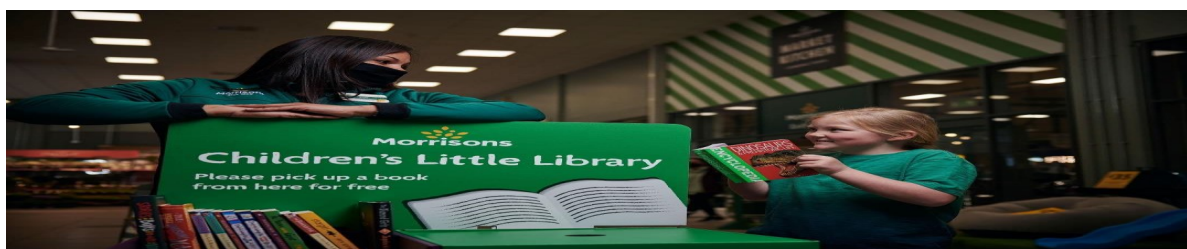
In Store Event

Morrisons Little Library

Morrisons will be donating 50,000 books to help families in need

□ Customers can also bring unwanted books to Morrisons Little Libraries-where children and families can pick up books for free (Books will be quarantined to be Covid secure)

□ Morrisons has launched a book donation and exchange station for children - the Morrisons Little Library - in its stores across the UK which aims to promote reading and literacy in children, particularly those who come from disadvantaged backgrounds.



□ The Morrisons Little Library was inspired by Canterbury-based children's author, Rebecca Smith, who approached Morrisons asking for help to tackle the issues surrounding children's literacy and the lack of availability of books at home.

□ Morrisons Little Library exchanges will be set up in stores across the UK from this week. Customers can bring along unwanted books to donate and all children, teenagers and parents can pick up a book for free. Books will also be donated through the initiative to local schools and community groups, via Morrisons Community Champions.

Other Events:

□ https://theforumnorwich.co.uk/whats-on/brick-dinos?start_time=2021-07-19T00.00

□ **Rainbow Grey Online Event with Laura Ellen Anderson:** <https://youtu.be/xO6o07aoDDQ> (suitable for younger readers)

□ **Heartstopper Vol. 4: Alice Oseman in conversation:** <https://youtu.be/tLT1pvwbeAc> (suitable for teenagers)

□ **Dead or Alive - Skulduggery Pleasant 14: Derek Landy & Laura Katie:** <https://youtu.be/te07r6NKzOg> (suitable for teenagers)

□ **Isadora Moon Day Online Event with Harriet Muncaster and Sarah McIntyre:** <https://youtu.be/OwOd7fZYfQw> (suitable for younger readers)

□ **Concrete Rose : Angie Thomas in conversation with Darren Chetty:** <https://youtu.be/OafG59zp1U8> (suitable for teenagers)

□ **Dare To Be You: a family event with Matthew Syed and Lindsey Russell:** https://youtu.be/oWT_ecc-quo (suitable for younger readers)

□ **Dive into Diary of a Wimpy Kid: The Deep End with creator Jeff Kinney and Radzi Chinyanganya!** <https://youtu.be/b9ITOIIfJavA> (suitable for younger readers)

References:

Elwis, Karen (2018) What is summer slide or learning loss - and should you be worried about it?

Available at <https://thelearningcauldron.co.uk/enjoy-holidays-but-beware-summer-learning-slide/> Last accessed 15th June 2019

Paige, Angie S., Dr., Ashley R. Cooper, Dr., Pippa Griew, and Russell Jago, Dr.

"Children's Screen Viewing Is Related to Psychological Difficulties Irrespective of Physical Activity." *Pediatrics* 126.5 (2010): e1011-017. Available at: <http://www.inquiriesjournal.com/articles/1374/too-much-tech-harms-reading-retention-in-young-children> Last accessed 15th June 2021

Ravichandran, Padma, and Brandel France De Bravo. "Young Children and Screen Time." *National Center For Health Research*. N.p., 2010. Web. 27 Oct. 2015.< <http://center4research.org/child-teen-health/early-childhood-development/young-children-and-screen-time-television-dvds-computer/>> Last accessed 15th June 2021

Start with a Book (2021) "Why Summer Matters" Available at: <https://www.startwithabook.org/why-summatters> Last accessed: 15th June 2021



7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday



1



Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

2

Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.



3

PLAY AGAIN?
YES NO

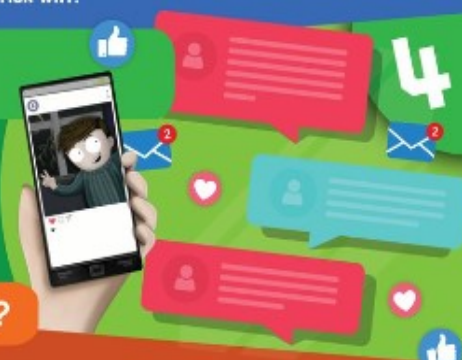
How does this game/app work? Can I play?



SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD, FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.



5



Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.

YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.

Do you know what your personal information is?



7

Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.

