

# Year 4 RSHE: My body



## Learning outcomes:

- I know how a baby develops
- I know how a baby is born
- I know how my body has changed so far and how it might change in the future

## Key words: **foetus**, **puberty**



Fertilized egg



2-cell stage



4-cell stage



8-cell stage



16-cell stage



Blastocyst

This unit focuses on the development of the human being from conception through to puberty. If you have any questions, talk to a trusted adult.



Foetus-4 weeks



Foetus-10 weeks



Foetus-16 weeks



Foetus-20 weeks



How might the body change as you continue to grow and develop? How might your emotions and feelings change as you continue to grow and develop?

You might experience all or some of these throughout puberty: growth spurts, changes in emotions, sweat, spots, hair growth, body fills out.



What can you do now, that you could not do as a small baby?

What responsibilities and things will you be trusted to do when you are older, that you are too young to do now?

The average baby measures 50cm when it is born.